The Building Bridges Initiative
Advancing Partnerships, Improving Lives

Georgetown Pre-Institute:
Effective Residential Service Interventions in Systems of Care
July 2012

Presented by:
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Georgetown Pre-Institute:
Effective Residential Service Interventions in Systems of Care
Using the Building Bridges Initiative as the Framework for Achieving Effective Residential Service Interventions
Goals for these two days:

Participants will leave this interactive training with:

- A strong understanding about what constitutes best programmatic and clinical practices
- An understanding of state/county/city and programmatic partnership practices, fiscal strategies and policies
- An introduction to successful strategies used across the country to support the culture change
- The ability to use a number of documents (e.g., Guidelines; Tip Sheets; Self-Assessment Tools)
- A checklist of resources and contact information to support
- An individualized action plan that identifies specific steps each participant can take to implement best practices

BBI Mission

- Identify and promote practice and policy initiatives that will create strong and closely coordinated partnerships and collaborations between families, youth, community- and residentially-based treatment and service providers, advocates and policy makers to ensure that comprehensive services and supports are family-driven, youth-guided, strength-based, culturally and linguistically competent, individualized, evidence and practice-informed, and consistent with the research on sustained positive outcomes.
Go to BBI website: www.buildingbridges4youth.org

Many documents and articles to support the field – newer documents include:

- BBI Fact Sheet on Child Welfare
- Fiscal Strategies that Support the Building Bridges Initiative Principles
- Cultural and Linguistic Competence Guidelines for Residential Programs
- Handbook and Appendices for Hiring and Supporting Peer Youth Advocates
- Engage Us: A Guide Written by Families for Residential Providers
- Numerous documents translated into Spanish (e.g., SAT; Family and Youth Tip Sheets)
A second step...

- Endorse the BBI Joint Resolution
  - State your commitment to operationalizing BBI principles
- Receive periodic updates from SAMHSA Child, Adolescent & Family Branch Chief, Dr. Gary Blau
  - Receive advance copies of new resources
- Sit on national work & task groups
- Preferential invitation to future BBI summits and forums
- Enhance your knowledge base & improve outcomes

A third step...

- Find out about recent or attend one of the upcoming training events on BBI in 2012
  - Texas: Week of January 9 & August 14
  - Alaska: February 17
  - New York City: April 16 & 17/April 23 & 24/May 21-24/June 28/July 31/August 1/October 22/November 29
  - Delaware: May 1
  - New Hampshire: May 11
  - Massachusetts: May 14 & dates in the Fall
  - Georgia: May 29
  - Florida: July 24 & 25
  - Arizona: 3 days in June; 6 days October – December
  - 2 Webinars in October/November
A fourth step...
- Become a BBI supporter and work towards advancing the field through sponsoring BBI training events, webinars and/or development of documents to support the field. Recent supporters include, but are not limited to:
  - SAMHSA
  - Magellan Health Systems
  - National Association of State Mental Health Program Directors
  - AFYA, Inc.

A fifth step...
- Contract with BBI to support your organization or community in practice improvement through:
  - topic-specific conference calls (i.e. effective use of SAT);
  - on-site training programs (e.g., moving staff from use of controlling practices to collaborative and empowering practices; successfully engaging families); and/or
  - on-site reviews using a BBI protocol to assess priority needs and use of best practices. Recent on-site reviews in Arizona, New Hampshire and New York City have been very successful in supporting individual residential programs in their transformation efforts.

To find out more about any of the "5 steps", contact Beth Caldwell, Director of BBI (bethcaldwell@roadrunner.com; 613-731-0800).
Appreciation for our BBI Partners

- **Magellan Health Services, Inc.:** Magellan has funded multiple BBI Webinars and documents, as well as supported BBI Summits. Thank you!
- **Associations:** AACRC/NACBH/CWLA/NCCBH/ Alliance for Children and Families/Federation of Families/Youth MOVE
- **Providers & Organizations:** Many providers throughout the country have provided financial and other support to BBI and supported BBI in multiple ways!

Examples of Where BBI/Transformation is happening?

- Comprehensive State initiatives (MA, IN, NH – initially 6 residential programs, CA – initially 4 regions)
- Initial State level activities (AZ, DE, FL, GE, WA, WV; in CA & MD – Provider associations leading)
- County/City level initiatives (City: NYC; Counties: Monroe/ Westchester, NY & Maricopa, AZ)
- Many individual residential and community programs across the country
BBI Products & Resources

- BBI website (www.buildingbridges4youth.org): Please visit the website and review all of the BBI documents available to support work with children, youth and families.
- NEW! Outcomes Tip Sheet
- BBI Self-Assessment Tool (SAT) and the SAT Glossary: Residential programs, the youth and families they serve, and their community program counterparts now have a useful tool available to assess their current activities against best practices consistent with the BBI JR Principles.
  - The SAT: designed to be used with groups of residential and community staff, advocates, families and youth to facilitate discussion on how program and community efforts to implement best practices can be most effectively supported.
  - The SAT Glossary provides a definition of terms used throughout the SAT.
  - Will be available on the BBI website with additional information about how to use the SAT.

BBI Products & Resources

- Family Tip Sheets - Short and Long Versions: The BBI Family Advisory Network, comprised of family members and advocates who have had children in out-of-home care programs, have developed both short and long versions of the Family Tip Sheet.
  - The Family Tip Sheets support family members by identifying important issues that family members might consider relative to their child’s residential experience and information they may want to explore with their residential provider.
  - It is recommended that both versions be distributed to family support/advocacy organizations; residential and community programs should also provide new and existing family members with copies of both documents.
  - State and county policy makers and associations may want to distribute both versions of the Family Tip Sheet to programs they oversee or to their member organizations.
BBI Products & Resources

- **Youth Tip Sheets - Short and Long Versions:** The BBI Youth Advisory Group has completed both short and long versions of the Youth Tip Sheet, entitled: *Your Life – Your Future: Inside Info on Residential Programs from Youth Who Have Been There*. The Youth Tip Sheets offer both words of support and a framework for guiding youth to ask questions that will help them be informed partners in their own care. Both the short and long versions of the Youth Tip Sheets can also be used as part of an admission packet.
  - **The Youth Tip Sheet – Short Version** is for youth who may be considering a residential program and/or those about to enter or who are already in a residential program. Ideally, a youth advocate or youth mentor would review the Youth Tip Sheet with the youth individually.
  - **The Youth Tip Sheet – Long Version** will interest youth who wish to gain a more in-depth understanding of how they can ‘take charge’ of their own treatment and recovery and can be used by advocates, providers, families and policy makers to ensure that residential and community programs serving youth, and their families, are truly youth-guided.

BBI Products & Resources

- **Recently Developed BBI Documents available on BBI website:** *BBI Fact Sheet on Child Welfare; Fiscal Strategies that Support the Building Bridges Initiative Principles; Cultural and Linguistic Competence Guidelines for Residential Programs; Handbook and Appendices for Hiring and Supporting Peer Youth Advocates*

- **Articles about BBI:** National publications have featured articles about BBI in their publications. Recent publications included the National Council for Community Behavioral Health, the national Teaching-Family Association, and the special issue of *Child Welfare* on residential care and treatment, the journal of the Child Welfare League of America.
BBI Contact Information

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